



Is it **Time to Transition** to 24 Hour Care?

Use This Checklist to Determine if it's Time to Transition from Hourly Care to 24 Hour Care	Hourly Care	24 Hour Care
GENERAL		
General decline in mobility and memory	✓	
Concerns when your parent/spouse/friend is alone		✓
EATING & NUTRITION		
Can no longer prepare meals, or forgets to eat or drink	✓	
Fainting from dehydration		✓
Difficulty eating or drinking without assistance		✓
HOME ENVIRONMENT		
Home is increasingly disorganized or cluttered	✓	
Leaves stove on unattended, had kitchen accident or fire	✓	
Mail piling up, bills go unpaid	✓	
Confuses rooms at home, gets lost in house		✓
MOBILITY		
Bathing or showering is difficult, concerns about falls in tub or shower	✓	
Poor balance at home, poor balance	✓	
Falls become frequent		✓
SOCIALIZATION		
Gets lost in local neighborhood or on familiar routes	✓	
Doesn't leave home without companionship	✓	
Wanders from home, unsure of destination		✓
Confused by short absences of family, friends or caregivers		✓
BATHROOM		
Has trouble getting to the bathroom in time	✓	
New or increased bathroom accidents		✓
NIGHTTIME		
Confuses day with night, wakes up frequently at night, or agitated in the dark		✓
You are afraid to leave the person at night, or are not getting regular sleep because you are tending to his or her needs		✓
MEDICAL EVENT		
Recently hospitalized or stayed in a rehabilitation facility after a hip fracture, stroke or heart attack		✓

Benefits of 24 Hour Care for Your Family

- Decrease agitation in people who have lost their sense of time and place
- Reduce skin infections and urinary tract infections with 24 hour care regimen
- Fall risk reduced for people who need assistance to get out of bed
- Lower risk of dehydration and related fainting
- Eliminate kitchen or bathing accidents
- Companionship and socialization, decreasing isolation and loneliness

Call us today at 727-330-7862 or visit HomeCareAssistanceTampaBay.com
to learn more about hourly, daytime and 24 hour care